# CYBEREADY

# CAB (CONTINUOUS AWARENESS BITES)

**Rethinking Awareness Training.
Transforming Cybersecurity Culture.**



## Why CAB?

Traditional training programs use long and tedious modules that fall short in engaging employees. Despite the high investment in time and resources, the content fails to resonate with employees, and doesn't change their behavior towards cyber attacks.

## Cybersecurity Awareness Training. Redefined.

CybeReady's award-winning autonomous training platform is taking a quantum leap with a new product that helps you meet all compliance requirements. CAB (Continuous Awareness Bites) delivers short, continuous 'awareness bites' to employees' inbox, creating dozens of engagement opportunities throughout the year and transforming the cybersecurity culture without taxing IT teams

### Engaging

- Training is embedded in employee daily routine
- Short bites are delivered via email, creating continuity and reinforcing learning
- Each knowledge bite is paired with a brief quiz, to ensure a fun learning experience

### Efficient

- Fully integrated with BLAST - our phishing simulations and learning solution
- Seamlessly supports 35 languages
- Learning progress KPIs are updated regularly to ensure the program ROI

### Effortless

- Training bites and communication emails are sent autonomously, without manual effort
- Progress report is accessible through a dashboard and automatic reports are sent to managers
- Adaptive training for each employee - each bite will keep sending until learning is completed

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1. Passwords
2. Web usage
3. Physical security
4. Clean desk policies
5. Removable devices
6. Mobile phone security
7. Privacy and information sharing
8. Social media security

**CAB Module**

> Knowledge Bite(s)
> Quiz Question(s)
> Learning Page(s)

## Awareness Bite

**Password. Just three simple rules**

Longer is better, prefer password of 8 digits or more. Make them memorable, use phrases such as black-ford or new-year. Use one password for one site (don't reuse)

**Quiz of the day**

Employees that have a private room that can be locked do need to follow the clean desk policy

[ TRUE ]  [ FALSE ]

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## For more details visit: www.cybeready.com